

OVERTIME WITH B&B BASKETBALL

ACADEMY

WELCOME TO OUR NEWSLETTER!

In this newsletter, we spotlight Stephen Bahl, one of the Co-Founders of B&B, along with celebrating all of our victorious teams from the previous month!



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Upcoming Tournament Schedule

BOYS

MAY 3-5TH: GOLD CROWN

CLASSIC

MAY 4/5TH: SPRING

GAUNTLET

MAY 10TH/11TH: SPRING

FINALE

MAY 10-12TH: TOP OF THE

ROCKIES

MAY 17-19TH: RECRUIT LOOK

MAY 18/19TH: IHoop CLASSIC

GIRLS

MAY 3-5TH: GOLD CROWN

CLASSIC

MAY 4/5TH: SPRING

GAUNTLET

MAY 10TH/11TH: SPRING

FINALE

MAY 10-12TH: PREP HOOPS

CHAOS

MAY 18/19TH: IHoop CLASSIC

MAY 17-19TH: TOURNAMENT

OF CHAMPIONS

B&B UPDATE

After one month into the AAU season, we're incredibly proud of our teams' competitive spirit on the court and the progress they've demonstrated during practices!

Despite the numerous victories we've achieved so far, winning isn't the primary motivation for us. Witnessing our players grow into not only better athletes but also better individuals is the true purpose behind our efforts! That being acknowledged, our program has amassed a collective record of 174-77, clinching a remarkable 16 championships across both our boys' and girls' teams!

We're optimistic about the future as all our teams show promise, eagerly anticipating another month filled with competitive games in May!

**Go Academy!
Amy, Michael and Stephen Bahl**

STEPHEN BAHL



Stephen Bahl is our Co-Founder and Program Director of B&B Academy! He, along with his brother Michael, started B&B Academy in 2009. Stephen is married to Melissa Bahl and has three kids (Jayce, Wyatt and Baylor).

Hope everyone enjoys reading about what basketball means to Coach Bahl, coaches that have impacted his life and what he is most looking forward to this Spring and Summer!

What does Basketball mean to you?

I. Love. Basketball. I loved the Grind more than the Glamour. There is a big difference. Some players only love the 5v5 aspect of basketball. Those players end up having a very short career. Because I was obsessed with practice, training, conditioning, and the weight room, I really flourished in college.

I was so engrossed with the process of becoming better and pushing my mind to be stronger that I ended up passing and playing over a lot more talented players. I was so focused on my own journey and what that meant for me, that I never allowed anyone to distract me from my purpose.

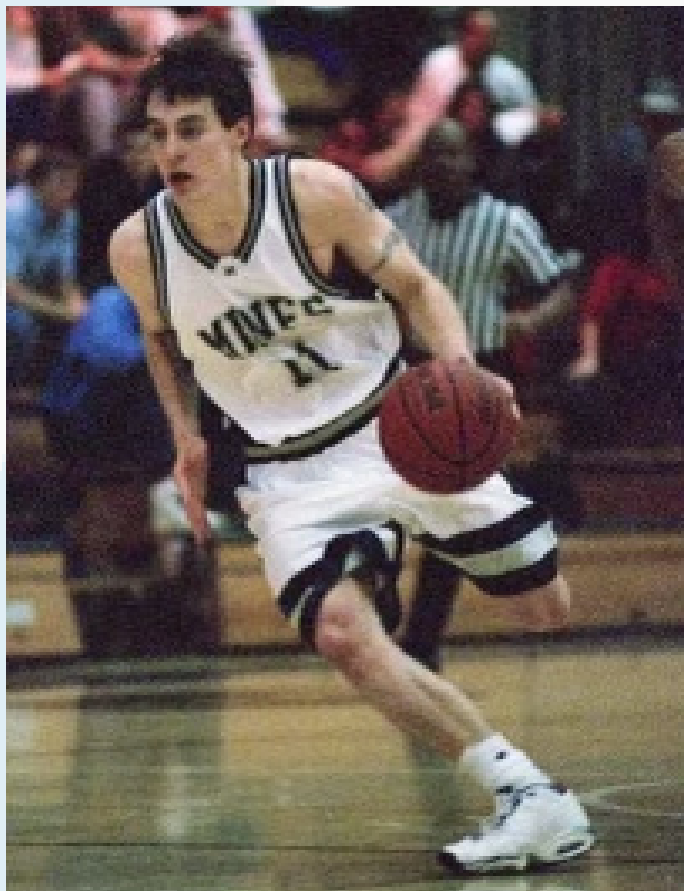
I found my purpose through basketball. I found my love of coaching and mentoring through basketball. My identity however is NOT tied to me being a basketball player. I am more than that. I am a husband. I am a father. I am an Uncle. I am a son. I am a brother. I am so many things. Basketball was a tool that taught me all of this! I. Love. Basketball.

How B&B Started

B&B started as a way for my brother Michael and I to stay connected to basketball after our playing careers ended. B&B started as small group workouts. We had no teams. No travel.

We didn't really have a vision for B&B. We had no idea what it might turn into. We just wanted to get back in the gym.

The small group of kids that we started training eventually wanted us to coach them. That's when everything clicked. We wanted to be able to fully develop these athletes. If we could do skill work and then coach these athletes during games and have them focus on transferring that skill work into live competition; That's the formula for an athletes success. We wanted to be apart of that!



Influential coaches who have made a difference in your life.

This is a really hard question. Every Coach who I have played for has taught me timely lessons that I still use today. I honestly believe that I have been coached by the countries top coaches.

It started with my dad, Joe Bahl (Youth). He taught me to be accountable for my actions. No finger pointing. No blame game. He instilled my work ethic and the foundations of my mental toughness in sports.

Coach Paul Barringer and Steve Hackenberg (High School). They taught me how to play the game. They introduced me to basketball concepts. Everything I believe in as a coach stems from their teachings.

Coach Kevin Boley (High School). He taught me leadership. He showed me how important it is for teams to develop their own voice.

Coach Pryor Orser (College). He allowed me to develop my own style and persona as a player. He taught me the balance between discipline and freedom. College brings a ton of new experiences for athletes and I felt that I could talk to Coach O about anything!!

Coach John Dieckleman (Professional). He taught me how to be a professional and what that means. He taught me how to handle myself publicly. He taught me the importance of giving back to the community.

Most of what they taught me have nothing to do with basketball! That's why I love them! That's why they are ALL great coaches!

Upcoming AAU Season

I am most excited about watching our teams and players deal with both success and failures. That's what sports are all about. Don't be a victim of circumstance. Happiness doesn't come from accolades. Happiness comes from your mindset. Having the proper mindset will allow you to grow and develop in any situation. I love watching our athletes deal with the mental side of sports. We are creating the future leaders of tomorrow!!

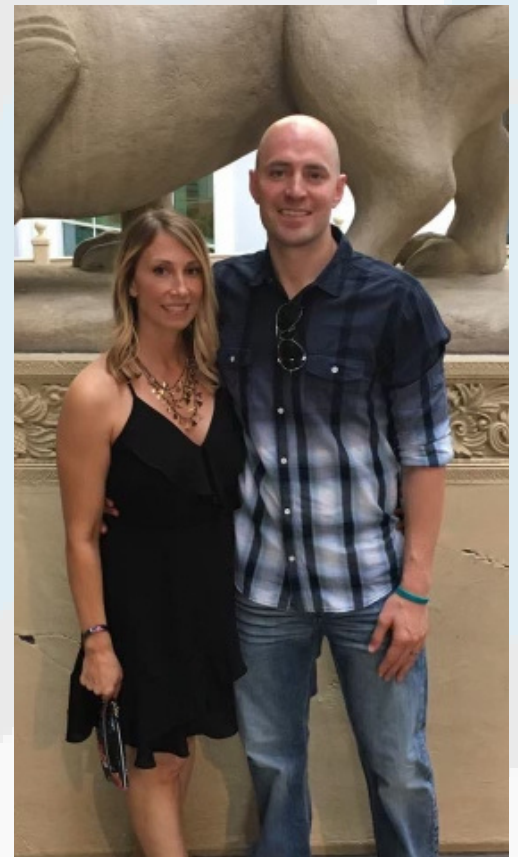


Why do you coach?

I Coach because everyone deserves someone to believe in them. It's that simple. The role of a coach is to help you believe in yourself. This process is very challenging.

True belief in yourself stems from overcoming an obstacle. Athletes need to struggle. They need to be challenged. They need to Fail. A coach needs to be supportive and consistent during this process. I coach not to solve every problem. I coach to encourage athletes and to give them tools to solve problems on their own.

Once an athlete learns how to overcome obstacles they develop an undying belief in themselves. They begin to write their own journey. They begin to develop habits that will create happiness for them. It's a beautiful, gut wrenching, life changing process. I coach to be apart of that process. I believe that all our athletes are capable of finding their own voice. This is why I Coach.



APRIL CHAMPIONS





B&B BASKETBALL

CAMP

FOR BOYS & GIRLS
1ST - 9TH GRADE

**4th ANNUAL
SUMMER SHOOTING CAMP**

DATE: JUNE 17TH - 19TH, 2024

@ RALSTON VALLEY HIGH SCHOOL

COST

1st - 3rd Grade: \$125 per camper
9am - 12am

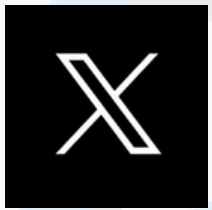
4th - 9th Grade: \$235 per camper
9am - 3pm

REGISTRATION LINK: www.bandbbasketballacademy.com

FOR ANY QUESTIONS, PLEASE CONTACT US AT
bandbacademy@gmail.com

SOCIAL MEDIA LINKS

Make sure you are following us on all our social media channels so we can continue to grow our basketball community! Please tag us in all your posts!



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